#### Introduction: Eleanor.

The Team highlighted Eleanor's impressive start as Youth Services Director. Eleanor's office is located in the library where she had already started creating great partnerships with the library staff.

The first program, orientation for High School mentoring, was kicked off today (10/23/2023). Eleanor set up a bulletin board with content and calendars for programming, A meet and greet had also been scheduled. Scheduling and programming, with regards to Youth Services, is in Appendix A.

#### Introduction: Detective Paul Lucci.

Detective Lucci is the school resource officer for all of the North Reading schools. Detective Lucci describes his day to day to the Committee. He checks the log to see if there are any incidents regarding juveniles. His goal is to foster better conversations and provide school leadership context to any ongoing life events and connects to mental health clinicians. His home base is an office in the Middle School, fielding calls from administrative staff. The expectation is to bridge communication between the school and law enforcement.

Detective Lucci's expertise is internet usage, social media, texting where it applies to youth. Reminding them that there can be serious repercussions to risky behaviors and most often these actions are often permanent record and can have lasting consequences. Vault apps, "My eyes only", and encrypted apps were discussed at length. Video games were also discussed as many play over the internet with other users. The watch out of catfishing and false profiles of people who might not be who they say they are. Detective Lucci gave examples of how he can do internet searches from background of youth's profile images / social media images or things they can be identified. Including but not limited to: location of stores, schools, parks, school emblems on their clothing, etc. where predators can easily deduce their locations and patterns.

Detective Lucci also explained the dynamic of his team "Tripod" with himself, Laura Miranda (Mental Health Clinician) & Amy Luckiewicz (Drug Free Communities Director). An activity in the works is they are looking to deploy service dogs into the SRO dynamic for therapy and break the ice.

Detective Lucci shared the most rewarding part of his job is that his position is more proactive than reactive to help the students identify and mitigate the dangers of risky behavior.

Lillian showcased how to get meeting notifications and town "E-Alerts".

Simply go to <a href="https://www.northreadingma.gov/subscribe">https://www.northreadingma.gov/subscribe</a>, enter your email and select what alerts you are interested in. You can unsubscribe anytime you wish.

Approved Nowember 27, 2023

Next Meeting:

November 27th Town Hall - Room 5

# YSC Update from Youth Services Director 10/23/23

## **Department Operations**

The new Youth Services Director, Eleanor Richard, started on Monday, October 2. Her office is located on the ground floor of the Flint Memorial Library (off the Activity Room Kitchen).

Eleanor has set up a bulletin board featuring youth services programming calendars and fliers in the Activity Room at the Flint Memorial Library. Upcoming programs have been posted on our website, Facebook, and Instagram.

This month, Eleanor became certified in Youth Mental Health First Aid, attended the Guiding Good Choices trainings, participated in a Teen Social Media presentation at the NRPD.

## Youth Services Upcoming Programming:

The mentor program is slated to run on Mondays from 11/6-12/11 in the Middle School/High School Media Center. Today, on 10/23 was the High School Mentor Orientation. Tomorrow, 10/24, there will be a Middle School Parents Meet & Greet with the Youth Services Director in the Flint Memorial Library Activity Room from 6:30-7:30pm.

A full set of programming will begin in November. On Mondays after school we will have the mentoring. On Tuesdays after school, there will be drop-in homework help for middle schoolers in Library Study Room 3 at the Flint Memorial Library. There will be high school and middle school creative writing workshops and a teen podcasting club all at the Flint Memorial Library.

Additionally, recurring programming will begin, including Teen Board Game Club on the third Friday of each month, Homeschool Meet-Ups on the first Wednesday of every month, School Avoidance/Refusal Family Meet-Ups on the first Friday of every month, and Intergenerational Events (such as a movement, crafts, and more) on the third Wednesday of every month. Please see the November events calendar on the last page of this report.

### Visibility and Partnerships

Eleanor handed out Youth Services wristbands and calendars featuring upcoming programming at the Health Fair on 10/21.

Additionally, on 10/25, Eleanor will be tabling at the Middle School during lunch to introduce herself to students and teachers and hand out wristbands and calendars with upcoming programming.

Eleanor, in an effort to connect with the North Reading community and work on joint programming, has met with students, parents, teachers, school guidance counselors, school leaders, directors of town departments, members of the Parks and Rec Department, the school resource officer, library staff, senior center staff, Youth Services Committee members, the town's mental health clinician, director of NORCAM, and previous Youth Services Directors.

A list of teen community service opportunities has been posted on the Youth Services website and will continue to grow.

An article about the New Youth Services Director was submitted to the North Reading transcript and will appear in an upcoming publication.

The Youth Services website is now linked on the North Reading Public Schools "Community Bulletin Board."

Upcoming YSC meeting invitations include:

- Mental Wellness Oct. 26 at 10am (Virtual)
- Coalition for Substance Use Prevention (and Recovery) -Oct. 30 at 10am (Hybrid)
- Council on Aging Nov. 15 at 7pm (Senior Center)
- Library Board of Trustees Oct. 25 at 7pm (Library)
- Veterans Day Ceremony Nov. 11 at 11am (Town Common)
- Recreation Committee Nov. 13 at 7:00 (Town Hall)

## **Serving Youth Together**

This fall Recreation is offering archery (ages 9-17), babysitting course in October (ages 10-15), cross-country (ages 9-14), USCA tennis (age 11-14), basketball (ages 5-7), Hip Hop (ages 6-9), InclYOUsion Sports (ages 2-7), and Battle Robots (ages 7-14).

The library had its first Teen Advisory Board (TAB) meeting on 10/17, which all 7 teens on the board attended. The library continues to offer D & D, Retro Video Game Club and is starting Anime Club back up. The library also now offers a Girls Who Code club to 6-8<sup>th</sup> grade female-identifying students.

CIT has the following youth-orientated workshops scheduled for this month (at NRPD unless otherwise noted). Register at <a href="https://www.northreadingma.gov/community-impact-team/pages/events">https://www.northreadingma.gov/community-impact-team/pages/events</a>:

- Narcan Training 10/24 4pm, 5pm, 6pm, or 7pm
- Parent Youth Substance Use and Mental Health Workshop (library) 10/25 at 6-9pm
- Social Media 101 & Setting Parental Controls 10/26 at 6:30pm
- Mental Health First Aid for Adults Working with Youth 11/1 and 11/8 at 5-9:30pm
- Social Media 101 & Setting Parental Controls 11/3 at 12pm
- Strong Families, Resilient Kids 11/7 at 6pm
- Narcan Training 11/9 at 12pm
- Mindfulness Session 11/13 at 6pm
- How to Teach Your Kids Refusal Skills 11/15 at 12:30